

FRIENDSHIP

USING YOUR WORDS AND ACTIONS TO SHOW OTHERS YOU CARE.

WEEK **2**

MEMORY VERSE | Proverbs 17:17

FOOD for THOUGHT :

Matthew Rees was just about to cross the finish line in the London Marathon, when he saw fellow runner David Wyeth collapse just in front of him. David had been struggling for a few miles, but now, so close to the finish line, his legs collapsed underneath him. Matthew was gearing up to sprint the last 200 meters, but instead, he stopped, bent over, and helped David get up. He then helped David walk the last few steps over the finish line.

How was Matthew a friend to David? What if Matthew had just shouted out words of encouragement but hadn't stopped to help David — would that have demonstrated friendship? Who in your life needs your friendship? How can you back up your words with your actions to help them?

**Just for
FUN!**

Watch a short interview of the two marathoners:

<http://bit.ly/2p1oqgg>

