

Gratitude

letting others know you
see how they've helped you

WEEK

4

MEMORY VERSE | 1 Thessalonians 5:18

GRATITUDE CHALLENGE:

Create a Thankfulness Tablecloth by either spreading out a roll of craft paper (the backside of wrapping paper will work too!) or by giving each family member a blank piece of paper to use as their place mat all week. Spread out some markers, crayons and pens. Each time you sit down at the table, write down something you are thankful for, or draw a picture of it. By the end of the week, you should have a Thankfulness Tablecloth that represents a whole lot of gratitude!

**Just for
FUN!**

***Come up with a reason you're thankful for everything on your plate
—yes, even the broccoli!***

