

FORGIVENESS

Deciding that someone who has wronged you doesn't have to pay

WEEK **3**

MEMORY VERSE | Colossians 3:13, NIRV

DON'T MISS OUT:

Close your lips and fill your mouth with air again. Now try to keep your cheeks full of air while taking a bite of food. It's impossible, right? You'd better let it go, or you'll miss out on some yummy food. How is this like forgiveness? Talk about some of the things that you might miss out on if you don't forgive. Share specific situations where you are glad you forgave so that you didn't miss out on a friendship or an activity.

*Just for
FUN!*

Fill your mouth with air and see who can hold their breath the longest.

