

PERSEVERANCE

REFUSING TO GIVE UP WHEN LIFE GETS HARD

MEMORY VERSE | Isaiah 40:31

PERSEVERANCE CHALLENGE:

What's hard for one person may not be hard for the other, so for this month's challenge, each person will self-select an activity that they find challenging. Maybe reading an entire book or running a mile without stopping or cooking a meal from scratch. Each family member should choose their own challenge and write out the following contract below. As a family, decide on what the reward will be if everyone completes their challenge (ice cream outing, movie night, etc.).

I, _____ commit to _____
(YOUR NAME)
 by the end of _____.
 If I complete this challenge, and the rest of my family completes theirs,
 we will celebrate by _____.
 Signed, _____
(YOUR SIGNATURE)

Now, go make it happen!

Just for FUN! Take turns challenging each other's perseverance by having one person try to not laugh while everyone else in the family makes silly faces.

