



KINDNESS

Showing others they are valuable by how you treat them

WEEK

4

MEMORY VERSE | Luke 6:31

KINDNESS CHALLENGE:

This week, your family is going to take on a "Not-So Random" Act of Kindness challenge, and as you do, you're going to film the kindness challenge and share it with others to inspire a chain of kindness. You can even tag other families on social media to challenge them to their own act of kindness! After all, kindness deserves a replay!

Here are some questions to help you decide on your intentional act of kindness: Who do we know that needs to be reminded of his or her value? What is something that's important to that person or makes him or her feel special? What supplies will we need? When should we do it? Who will film it? How will we share it and encourage others to share their own RAKs?

Just for
FUN!

Some people like to "pay it forward" to show kindness to others:
<http://bit.ly/2oqhjLG>

