

ADVENTURE

Waiting until later for what you want now



WEEK **5**

MEMORY VERSE | Psalm 27:14

PEACE CHALLENGE:

When Mahshid Mazooji missed her flight and was stuck at the airport overnight, she could have been frustrated or angry. Instead, she decided to use her time to do something fun. She started a dance party with everyone she ran into around the airport. Dancing up to complete strangers, she not only danced away her own impatience, but she lifted the spirits of others and made some new friends along the way!

Do you think it feels better to be impatient and frustrated, or to choose to be patient and happy? Why do you think we often choose to be impatient when it doesn't feel good? What do you do when you have to wait a long time for something? What is something fun you can start doing when you're tempted to be impatient?

**Just for
FUN!**

Check out Mahshid's viral dance video: <https://youtu.be/07v6qA2l3n4>

